



Fierté Multi Academy Trust

Ankermoor Primary Academy

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Headteacher: Mr Simon Russell

Parents and carers – Primary Online Safety



Dear families,

Last week, in school, we were learning all about ways to keep safe and we had a visit from the Childnet International Team. We learnt the following essential bits of information and ways to keep us safe..

Keeping young people safe online can seem like a daunting task but having a conversation about ways to keep safe is a great start. No one is an expert in the internet as it is moving at such a fast pass. Sitting down and making a [family agreement](#) with children at home is a great start. Below, are also some useful tips on how you can keep your children safe online. We also really recommend you have a look at [Childnet International](#) online.

- **Set fair and consistent rules** in relation to your child's internet use at home. As they get older, try to agree the rules with them so that they have some control over their digital world.
- **Teach your child to think critically** about what they see, read or hear online. For young children encourage them to ask "what would mom or dad say about that"? As they get older, they need to be able to assess for themselves whether they are in a risky online place and whether the information they are receiving is reliable and helpful to them.
- Maintain a **positive** outlook on your child's use of the internet. Whatever you think to the stuff they watch or the hours they spend on Instagram or Youtube, if you constantly criticise the apps or games they love, they are not going to want to talk to you about their online life. **Remember, if something happens online at home don't get mad, get curious.**
- Children who can recover from an online mistake can learn and avoid making the same mistake again. You can help by making it easy for them to talk to you about their mishaps. **Try and keep calm and carry on! Think carefully about blocking apps or websites.** This can exacerbate the problem. Making sure they know where to go for help if they need it and recognising if they are not recovering well so you can step in and help. Don't forget as parents you can also talk to us about online safety.
- **Allow your child to explore and take charge of their online life.** Having some control over any given situation is an important part of resilience – and such an important part of digital resilience. It's essential in helping them understand and develop their own sense of what's right and wrong online.

3 great apps and services to remind you of to download and look at:

Netware aimed at parents highlighting different apps and games young people use.

Internet Matters (tablet only) is a fun interactive online safety quiz that can be used at home with children.

Youtube for kid's app aimed at young children.

Childline 0800 1111

The Mix 0800 808 4994

Youth Access <https://www.youthaccess.org.uk/services/find-your-local-service>

Young Minds <https://www.youngminds.org.uk/young-person/find-help/>

Stay safe online,

Mr Mac
Computing lead

Mrs Bryan
Family Support Worker

Mr Russell
Headteacher

Learn Together, Achieve Together