



Anker Moor Primary Academy Relationships and Sex Education

Consultation with our community

Why is the Curriculum Changing?

- Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline.
 - This presents many positive and exciting opportunities, but also challenges and risks.
 - In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.
- The Children and Social Work Act 2017 introduced a new legislation on Relationships Education, Relationships and Sex Education, and Health Education in Schools.
- Safeguarding Children is at the heart of Relationships and Sex Education.

Why is Relationships and Sex Education important?

- High quality RSE helps create safe school communities in which students can grow, learn, and develop positive, healthy behaviours for life, and for the following reasons:
 - Provide a framework in which sensitive discussions can take place
 - Prepare for puberty, giving pupils an understanding of sexual development and the importance of health and hygiene
 - Help pupils develop feelings of self-respect, confidence and empathy
 - Create a positive culture around sexuality and relationships
 - Teach pupils the correct vocabulary to describe themselves and their bodies

A comprehensive RSE programme can support in addressing these issues.

Relationships and Sex Education Curriculum

- Relationships education will be compulsory for all primary age pupils from the Summer Term 2021.
- Parents **do not** have the right to withdraw their children from relationships education or the relevant topic in science linked to changes to their body and puberty.
- Parents **do** have the right to withdraw their children from sex education.
- Sex education is not compulsory in primary schools, beyond the science curriculum
- At Ankermoor, we support the science curriculum with an additional Relationships and Sex Education teaching unit taught in Year 6.
- Health education will be compulsory for all pupils in all state funded schools.
- At Ankermoor, our curriculum content has been developed in line with Trust policy, taking into account the age, needs and feelings of pupils.
- Teaching at school will complement and reinforce (but not replace) the lessons families teach their children as they grow up.

Curriculum Delivery

- Relationships and Sex Education is taught within the personal, social, health and economic (PSHE) curriculum.
- Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships.
- At Anker Moor, we use the 1decision PSHE Programme to deliver our PSHE and RSE.
- RSE topics include:
 - Families and People Who Care for Me
 - Caring Friendships
 - Respectful Relationships
 - Online Relationships
 - Being Safe

Draft RSE Curriculum Overview

Year Group	Curriculum Content
Reception	Worry and adjusting to change Jealousy Overcoming a challenge Anger Learning the rules Friendships Making friends Sharing Caring for others New beginnings Health and self care Making relationships

Year Group	Curriculum Content
Year 1	<p data-bbox="540 117 754 159"><u>Friendship</u></p> <ul data-bbox="540 217 1890 411" style="list-style-type: none"><li data-bbox="540 217 1284 259">-Understand how to be a good friend.<li data-bbox="540 268 1533 311">-Be able recognise kind and thoughtful behaviours<li data-bbox="540 319 1890 362">-Understand the importance of caring about other people's feelings.<li data-bbox="540 371 1788 414">-Be able to see a situation from another person's point of view.

Year Group	Curriculum Content
Year 2	<p data-bbox="540 618 825 661"><u>Body language</u></p> <ul data-bbox="540 718 1931 912" style="list-style-type: none"><li data-bbox="540 718 1549 761">-Be able to recognise and name a range of feelings.<li data-bbox="540 769 1635 812">-Understand that feelings can be shown without words.<li data-bbox="540 821 1788 863">-Be able to see a situation from another person's point of view.<li data-bbox="540 872 1931 915">-Understand why it is important to care about other people's feelings. <p data-bbox="540 972 698 1015"><u>Bullying</u></p> <ul data-bbox="540 1072 1773 1266" style="list-style-type: none"><li data-bbox="540 1072 1258 1115">-Be able to name a range of feelings<li data-bbox="540 1123 1773 1166">-Understand why we should care about other people's feelings<li data-bbox="540 1175 1559 1218">-Be able to see and understand bullying behaviours.<li data-bbox="540 1226 1737 1269">-To Know how to how to cope with these bullying behaviours.

Year Group	Curriculum Content
Year 3	<p data-bbox="601 129 723 175"><u>Touch</u></p> <ul data-bbox="601 215 2074 429" style="list-style-type: none">-Understand the difference between appropriate and inappropriate touch.-Know why it is important to care about other people's feeling.-Understand personal boundaries.-Know who and how to ask for help.-To be able to name human body parts.

Year Group	Curriculum Content
Year 4	<p data-bbox="601 745 1447 791"><u>Relationships including inappropriate touch</u></p> <ul data-bbox="601 831 2333 1079" style="list-style-type: none">-Identify the different types of relationships we can have and describe how these can change as we grow.-Explain how our families support us and how we can support our families.-Identify how relationships can be healthy or unhealthy.-Explain how to ask for help and identify who can help us if a relationship makes us feel uncomfortable.

Year Group

Curriculum Content

Year 5

Puberty

- Explain what puberty means.
- Describe the changes that boys and girls may go through during puberty.
- Identify why our bodies go through puberty.
- Develop coping strategies to help with the different stages of puberty.
- Identify who and what can help us during puberty.

Looking out for others

- Recognise why we should take action when someone is being unkind.
- Describe caring and considerate behaviour including the importance of looking out for others.
- Demonstrate why it is important to behave in an appropriate and responsible way.
- Identify making some choices can impact on others' lives in a negative way.

Peer pressure

- Identify strategies we can use to keep ourselves and others safe.
- Recognise ways to manage peer pressure.
- Explain the potential outcomes that may happen when we take risks.
- Recognise the impact and possible consequences of an accident or incident.

Year Group	Curriculum Content
Year 6	<p data-bbox="524 144 741 182"><u>Conception</u></p> <ul data-bbox="524 191 1895 436" style="list-style-type: none"><li data-bbox="524 191 1480 229">-Explain the terms conception and reproduction.<li data-bbox="524 238 1895 277">-Describe the function of the female and male reproductive systems.<li data-bbox="524 285 1518 324">-Identify the various ways adults can have a child.<li data-bbox="524 332 1309 371">-Explain different stages of pregnancy.<li data-bbox="524 379 1131 418">-Identify laws around consent.

We teach the following statutory science objectives that build understanding about growth and reproduction:

Key Stage 1 (age 5-7 years)

- Year 1 pupils should be taught to: *Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.*
- Year 2 pupils should be taught to: *Notice that animals, including humans, have offspring which grow into adults. Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.*

Key Stage 2 (age 7-11 years)

- Year 5 pupils should be taught to: *Describe the life process of reproduction in some plants and animals. Describe the changes as humans develop to old age.*
- Year 6 pupils should be taught to: *Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.*

Commonly Asked Questions

- Will schools have to engage with parents before teaching these subjects?

Schools are required to consult parents when developing and reviewing the RSE policy. Schools will listen to all stakeholder's views and make a reasonable decision on what, when and how the RSE curriculum is taught.

- Do parents have a right to withdraw their child from RSE?

Primary Education parents can withdraw their child from any aspect of Sex Education other than what is covered in the Science Curriculum.

The Right to Withdraw form can be found in the Trust RSE Policy.

Parents do not have the right to withdraw children from Relationships or Health Education.

- Does the new RSE curriculum take into account faith?

The DfE states that Relationships Education has been designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain - this means taking into account the religious background of pupils when planning teaching, so that topics are appropriately handled.

What happens next?

- As you have now read this presentation, we would now like to ask you to get in touch with us if you have any further questions or concerns before the topics are taught in Summer 2 term.
- Teaching staff are in the process of designing creative lessons which carefully consider resources that will appropriately address all topics and areas.
- Resources can be shared with parents for their information, if required.