



Fierté Multi Academy Trust
Ankermoor Primary Academy
PSHE - Long Term Plan
2021-22



National curriculum focus Programme of study	Autumn 1 Feelings and Emotions	Autumn 2 Being Responsible	Spring 1 Keeping and Staying Safe	Spring 2 Our World (5-8) The Working World (8-11)	Summer 1 Keeping and Staying Healthy	Summer 2 Relationships (5-8) Growing and Changes (8-11)
Year 1	Jealousy	Water Spillage	Road Safety Hazard Watch (standalone unit)	Growing in our world	Washing hands	Friendship
Year 2	Worry Anger	Practice makes perfect Helping someone in need	Tying shoelaces Leaning out of windows	Living in our world Working in our world	Brushing teeth Healthy eating	Bullying Body Language
Year 3 Year 4	Grief (5-8) Jealousy (8-11)	Stealing (5-8) Coming home on time (8-11)	Staying safe (5-8) Cycle safety (8-11)	Looking after our world (5-8) Chores at home (8-11)	Medicine Healthy living	Touch (5-8) Appropriate touch (8-11)
Year 5	Anger	Looking out for others	Peer pressure	Enterprise	Breaking down barriers	Puberty will be taught through science Inclusion and acceptance



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Year 6	Worry	Stealing	Water safety	British values	Alcohol Smoking	Conception
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Purple units are from A World Without Judgement