

# SEND Newsletter

## Issue 9– October 2024



**You can also find a copy of this email on the school website under SEND.**

Dear Parents and carers,  
Welcome to our October SEND and inclusion newsletter.  
It has been a great pleasure meeting many of you and the children in the school. I am sorry I have not able to be in touch with you all every week when I am in but I have been busy this half term going into the classes and supporting with the provision and support, as well as meeting some of you and liaising with other professionals.

This month we have included information about a range of services supporting mental health for children as October 10<sup>th</sup> is World Mental Health Day. If you want to speak to me please email at [SEND@Ankermoor.org](mailto:SEND@Ankermoor.org) or speak to the office and I can arrange to meet or for me to contact you.

Shirley-Anne Magill  
SENDCO

## **Ankermoor Parent SEND Inclusion Coffee Meeting**

### **Schools Mental Health Team**

**Wednesday 6<sup>th</sup> November @ 2.15 pm**

Please join us at the next parent SEND Inclusion Coffee meeting at 2.15 on Wednesday 6<sup>th</sup> November. The theme of this meeting will be supporting children with positive mental health. Poppy from the Schools Mental Health Team will leading part of the meeting and sharing about the service as well as ways in which we can support children who have anxiety. This meeting is open to any parents/ carers of children at Ankermoor Primary Academy or the OPOJ nursery. All our welcome.



# Where do I go for support for my child's mental health support and how do I access it?

[Staffordshire Connects | Children's mental health support pathway](#)

Go to the Staffordshire County Council Website to access details of services and agencies working to support children and young people's mental health and well being. You can also access the Staffordshire's mental health support pathway which shows support available to children and young people and how to access it.



## Children and Young People Mental Health Participation Service



- 14.10 - Parent carer Wellbeing tips workshop
- 22.10 - Drop-in CAMHS, Cross Street, Burton
- 28.10 - Parent carer online safety workshop
- 29.10 - Lichfield MHST Craft & Wellbeing Workshop
- 30.10 - Stafford MHST Craft & Wellbeing Workshop
- 31.10 - Cannock MHST Craft & Wellbeing Workshop
- 31.10 - Tamworth MHST Craft & Wellbeing Workshop

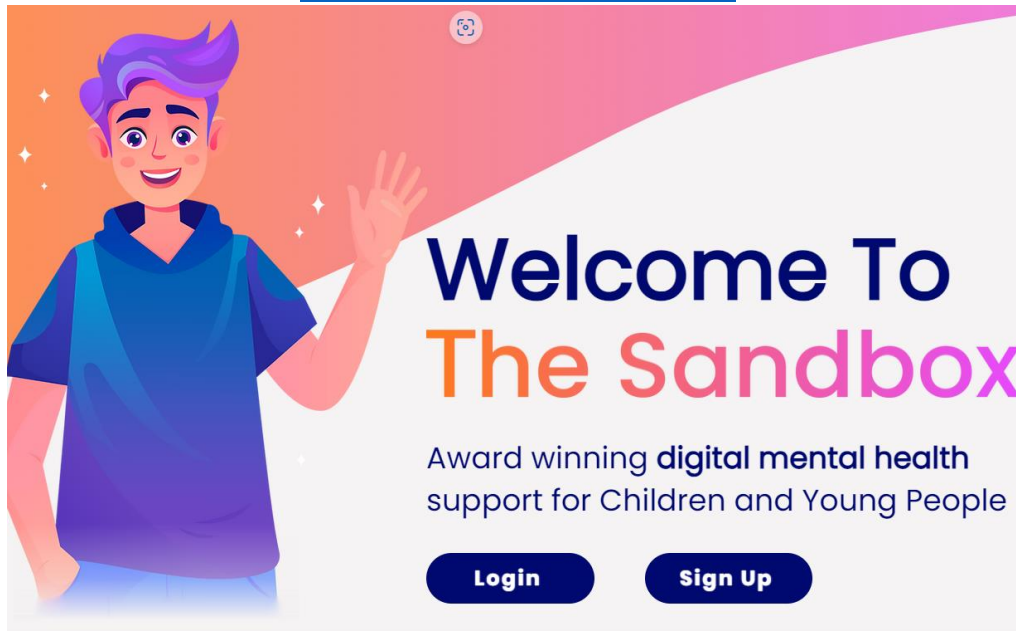
Email [participation@mpft.nhs.uk](mailto:participation@mpft.nhs.uk) for further details & to book a place

[Participation Newsletter Autumn Term 2024 \(cloud.microsoft\)](#)

Children and Young People Mental Health Participation Service have produced a newsletter which highlights a range of services and support provided for children. You are able to access it through clicking on the link above. (If you are reading this on a paper copy please ask for a link to be sent at [send@ankermoor.org](mailto:send@ankermoor.org))

## Free Online Resources

### [The Sandbox | Digital Mental Health Service](https://mindler.co.uk) [\(mindler.co.uk\)](https://mindler.co.uk)



The Sandbox is a fantastic digital mental health service for children, young people and their families. There is a wide range of resources including games, webinars to help support children and give advice to parents.



**“We are an emotional health and wellbeing service delivered by Action for Children**

Life is full of ups and downs. Sometimes it’s a struggle to deal with.

The help we offer is based on listening to children, young people and their families or carers. Together, we talk about what the problem might be. This way, we can explore new solutions and make positive changes.”

[Staffordshire Emotional Health and Wellbeing Service \(actionforchildren.org.uk\)](https://actionforchildren.org.uk)

## Anker Moor Parents Evenings

Parent's Evenings provide an opportunity for you to raise any concerns you have with a teacher. You can use the form below if you have concerns you wish to raise with the school. For children who are already on the Special Educational Needs Register the class teacher will be sharing a copy of their latest Individual Learning Plan at Parents Evening. If you have any problems attending parents evening please contact your class teacher, speak to the office or email me at [send@ankermoor.org](mailto:send@ankermoor.org)

	Interim reviews	Review and new plans
Autumn Term	<p><b>Week beginning 14<sup>th</sup> October 2024</b></p> <p>Teachers to meet with parents to <b>discuss plans during parents evening.</b></p>	<p><b>Teacher complete reviews and create new plans w.b. 2<sup>nd</sup> December 2024</b></p> <p>Teachers to share new plans and invite parent comments and feedback.</p>
Spring Term	<p><b>Week beginning 10<sup>th</sup> February 2025</b></p> <p>Parents to meet teachers to discuss plans during <b>parent meetings.</b></p>	<p><b>Teacher complete reviews by 4<sup>th</sup> April</b></p> <p>Teachers to share plans and invite parent comments and feedback.</p>
Summer Term	<p><b>By Friday 16<sup>th</sup> May</b></p> <p>Teacher <u>carry</u> out interim reviews</p>	<p><b>By 11<sup>th</sup> July Final review and new plans</b></p> <p>Teachers to meet and parents and review and create new plans.</p>

## October is ADHD awareness month

### What is ADHD Awareness Month?

October 1st – October 31st 2024

ADHD Awareness Month takes place throughout October and is dedicated to raising awareness of and educating people about Attention Deficit Hyperactivity Disorder (ADHD).

The goal of ADHD awareness month is to provide reliable information and resources to help people thrive with ADHD.

The 2024 theme is Awareness is Key!, and in this article you can find lots of resources to learn more about the condition.

### What is ADHD?

Attention deficit hyperactivity disorder (ADHD) is a condition that affects people's behaviour. People with ADHD can seem restless, may have trouble concentrating and may act on impulse.

Symptoms of ADHD tend to be noticed at an early age and may become more noticeable when a child's circumstances change, such as when they start school.

Most cases are diagnosed when children are under 12 years old, but sometimes it's diagnosed later in childhood.



People with ADHD may also have additional problems, such as sleep and anxiety disorders.

You can find out more by visiting <https://www.nhs.uk/conditions/attention-deficit-hyperactivity-disorder-adhd>

### Why should we get involved in ADHD Awareness Month?

Statistics show that between 2% and 5% of UK school children have a 'type' of ADHD. This means it's likely that most UK primary schools will have, at the very least, one student with ADHD enrolled in the school.

ADHD Awareness Month is the perfect opportunity to educate adults and children about ADHD and promote respect and compassion for those with the condition.

**You can access further information about ADHD through:**

[Children and young adults - ADHD Aware](#)

[Attention deficit hyperactivity disorder \(ADHD\) - NHS \(www.nhs.uk\)](#)



## Parent/Carer Cause for Concern

Please email to [SEND@Ankermoor.org](mailto:SEND@Ankermoor.org) to return to Mrs Magill, SENDCO

**Child's Name:** ..... **D.O.B:** ..... **Class:**

**Child's strengths and achievements:**

**Concerns at home:**

**Concerns at school:**

**Parent/Carer information:**

A description of all available information about your child.

**Areas of concern:**

- |                                    |                                    |  |
|------------------------------------|------------------------------------|--|
| <input type="checkbox"/> Visual    | <input type="checkbox"/> Auditory  | <input type="checkbox"/> Communication/Speech        |
| <input type="checkbox"/> Emotional | <input type="checkbox"/> Behaviour | <input type="checkbox"/> Attendance                  |
| <input type="checkbox"/> Physical  | <input type="checkbox"/> Medical   | <input type="checkbox"/> Punctuality                 |
| <input type="checkbox"/> Social    | <input type="checkbox"/> Eating    | <input type="checkbox"/> Other (Please state): ..... |

**Signed:** ..... **Date:**