ANKERMOOR PRIMARY ACADEMY

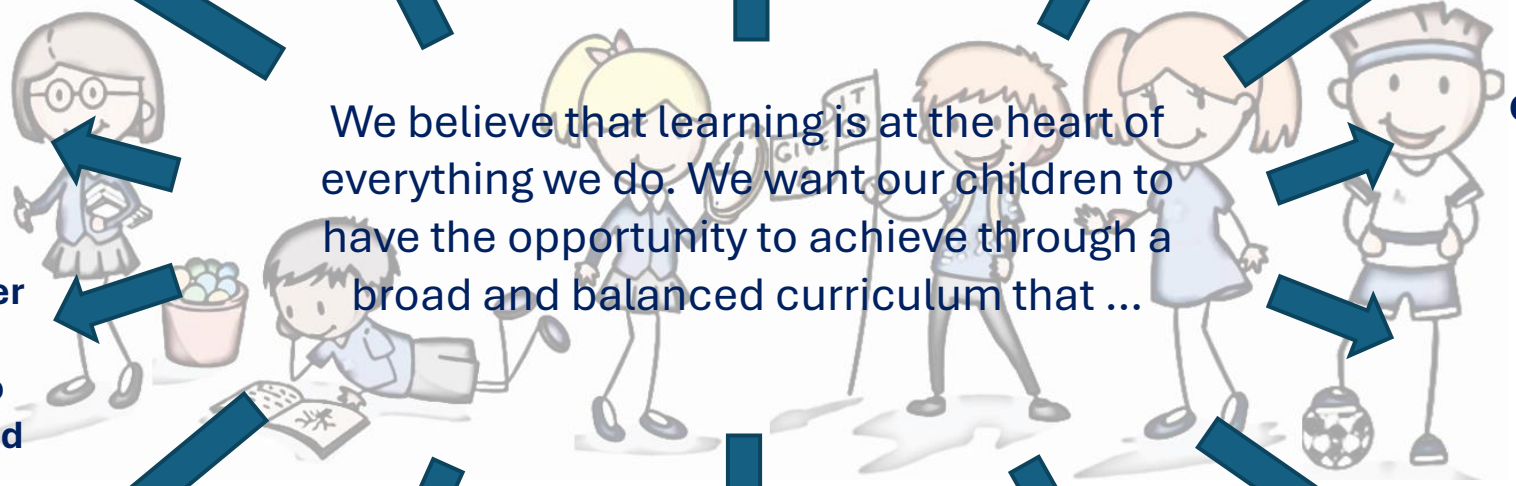
PE Curriculum

Ankermoor Primary Academy Curriculum

Aim	Learn together, achieve together At Ankermoor Primary Academy we intend that all pupils, regardless of background, develop the knowledge and character needed to flourish in life. We aim to 'inspire all to excellence'								
Trust Vision	Inspiring all to excellence								
Trust Values	We care	We leave no-one behind	We celebrate individuality	We are brave					
Fundamental values	High Expectations	Perseverance	Enjoyment	Respect	Trust	Responsibility			
Big ideas	A	N	K	E	R	M	O	O	R
	Adventure	Nature	Knowledge	Enterprise	Relationships	Movement	Observe Critically (evaluating)	Observe Thoughtfully (empathising)	Respect
	ADVENTURE	NATURE	KNOWLEDGE	ENTERPRISE	RELATIONSHIPS	MOVEMENT	OBSERVE CRITICALLY	OBSERVE THOUGHTFULLY	RESPECT

Curriculum Intent

We believe that learning is at the heart of everything we do. We want our children to have the opportunity to achieve through a broad and balanced curriculum that …



Builds on our fundamental values of 'High Expectations, Perseverance, Enjoyment, Respect, Trust and Responsibility'.

Promotes practical everyday life skills that prepares our children for the future.

Enables children to become active learners who are positively engaged in the acquisition of skills and knowledge.

Promotes creativity, curiosity, and confidence.

Allows children to be able to reflect on their learning and to improve their own work.

Secures knowledge and skills across all EYFS and National Curriculum subjects that build upon prior knowledge.

Builds character, resilience, self-motivation, and a will to succeed.

To provide opportunities for our children to learn in different ways and to have a wide variety of learning experiences.

To enable children to develop as independent learners as well as being able to work collaboratively.

Prepares children to take risks and learn from their mistakes.

Develops a hunger for knowledge and to have the resilience necessary to tackle challenges and problems.

Raises aspirations and open's their eyes to a world beyond their immediate surroundings.

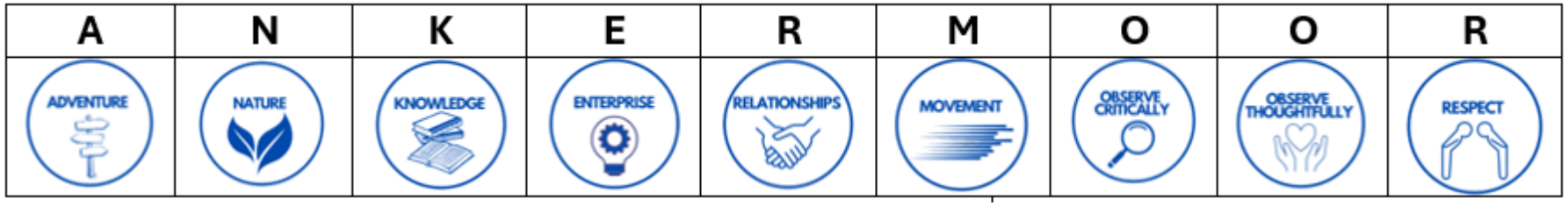
Promotes a life-long love of learning.

Enables children to offer opinions and reason articulately, whilst also being able to debate and disagree respectfully.

Subject Specific Sequencing and Key Concepts: Each subject has been planned to ensure that knowledge and skills are sequenced from Early Years to Year 6. Key Concepts are the subject specific '*Golden Threads*' that children will learn about, return to and revisit as they progress through our school. Our pupils will have opportunities to link new learning to prior knowledge thus building a rich and deep knowledge of these '*Golden Threads*' with each encounter. (*See Geography long term plan with key concepts)*

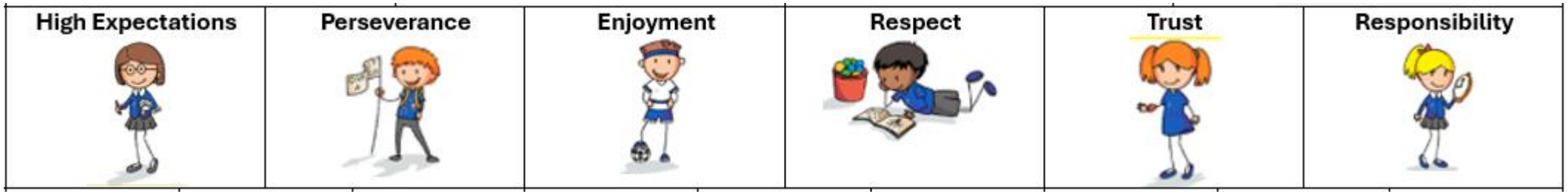
Big Ideas:

These are the overarching *'Ankermoor'* concepts that pupils can use and apply across different curriculum subjects. For example, in all areas of the curriculum, children will build an understanding of 'Observing Critically'; making observation in Science, identifying main ideas within a text in English, observing and critiquing artwork, analysing data sets in maths, evaluating historical sources, observing local ecosystems within Geography, self reflection and critical thinking in PSHE.

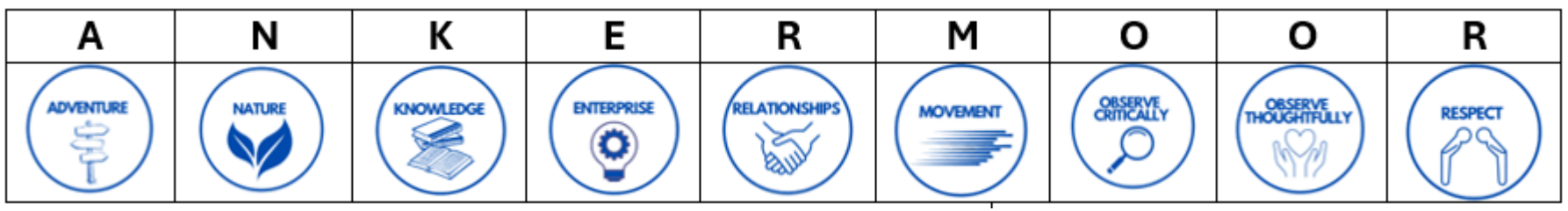


Character Virtues:

These are the underpinning qualities and character traits that we desire all of our children, and staff, to demonstrate.



IMPLEMENTATION – Our approach



Physical Education at Anker Primary Academy, is taught by following the scheme of work from PE.org as well as having specialist coaches from Progressive Sports. We chose this option in order for our children to be exposed to specialist expertise and values, in-order to build citizens of the world, whilst aligning to our intrinsic values, virtues and 'Big Ideas'.

- At Ankermoor Primary Academy we aim to inspire and engage children's interest in sporting activities through providing a wide range of opportunities within school, after school and within the wider community.
- We aim to foster children's interest in physical wellbeing and healthy lifestyles in order to establish long-lasting lifestyle messages.
- We aim to promote our British values through sports and positively encourage children to share, respect, support, trust and work together.

IMPLEMENTATION – Our approach

Physical Education is taught each term, allowing skills to be developed and built upon before culminating a presentation of skills/competition to parents.
Throughout Key Stages 1 and 2, children will develop their ability to control tools and techniques. Their ideas and thought processes are collated in their own sketchbooks.
Children in Year 5/6 are exposed to swimming lessons in the Summer Term.

National curriculum focus Programme of study		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception		Me and Myself	Dance	Fun and games	Movement Development	Ball skills	Throwing & Catching
Year 1	Indoor	Dance	Gymnastics	Invasion Games	Net/Wall Games	Athletics*	Invasion Games
	Outdoor	Invasion Games	Net/Wall Games	Striking and Fielding	Outdoor and Adventurous Activities*	Athletics	Invasion Games
Year 2	Indoor	Dance	Gymnastics	Invasion Games	Net/Wall Games	Athletics*	Invasion Games
	Outdoor	Invasion Games	Net/Wall Games	Striking and Fielding	Outdoor and Adventurous Activities*	Athletics	Invasion Games
Year 3	Indoor	Dance	Gymnastics	Invasion Games	Net/Wall Games	Athletics*	Invasion Games
	Outdoor	Invasion Games	Net/Wall Games	Striking and Fielding	Outdoor and Adventurous Activities*	Athletics*	Invasion Games
Year 4	Indoor	Dance	Gymnastics	Invasion Games	Net/Wall Games	Athletics*	Invasion Games
	Outdoor	Invasion Games	Net/Wall Games	Striking and Fielding	Outdoor and Adventurous Activities*	Athletics*	Invasion Games
Year 5	Indoor	Dance	Gymnastics	Invasion Games	Net/Wall Games	Athletics*	Invasion Games
	Outdoor	Invasion Games	Net/Wall Games	Striking and Fielding	Outdoor and Adventurous Activities*	Athletics*	Invasion Games
Year 6	Indoor	Dance	Gymnastics	Invasion Games	Net/Wall Games	Athletics*	Invasion Games
	Outdoor	Invasion Games	Net/Wall Games	Striking and Fielding	Outdoor and Adventurous Activities*	Athletics*	Invasion Games

ANKERMOOR PRIMARY ACADEMY

Staff at Ankermoor Primary Academy create a positive attitude towards Physical Education both inside and outside the classrooms and promote the expectation that all children can achieve highly through adaptive teaching. Repetition, modelling and practice are key facilitators used to support all children in their learning. Key vocabulary is an integral part of each unit of work, enabling children to have a greater understanding of important key concepts, '*Golden Threads*', thus enabling them to communicate their understanding of physical education.

EYFS Development Matters 2020: Physical Development

Physical activity is vital in children's all-round development, enabling them to pursue happy, healthy and active lives. Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, co-ordination and positional awareness through tummy time, crawling and play movement with both objects and adults.

Key Stage National Curriculum Expectations: Physical Education

Key stage 1:

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

Key stage 2:

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Swimming and water safety

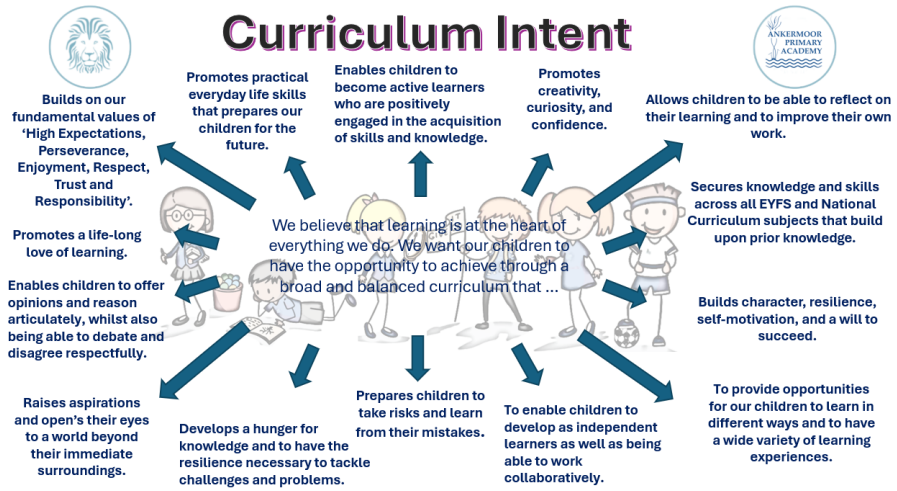
All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

IMPACT– Our approach

At Ankermoor Primary Academy, we are determined that teaching and learning in all subjects is driven by our curriculum intent. Therefore, we monitor the impact of learning in each lesson through teacher observations, discussions, evaluations of skills.

Impact is also measured at the end of a unit of work through:

- the use of subject specific Assessment One Notes
- Internal and external picture building