

Be Ready, Be Respectful, Be Responsible

A Few Words from Mr Hancox

As we come to the end of another remarkable school year, I would like to take a moment to reflect on and celebrate all that we have achieved together as a school community. This year has been filled with success, growth, and unforgettable moments. Our children have demonstrated resilience, enthusiasm, kindness, and a genuine love of learning. Together, we have created a school community where everyone is encouraged to strive for their best and celebrate each other's achievements.

Thank you for the support we have received from parents/carers, particularly with Sports day and the Summer Fair, where we raised over £500. I also want to share the incredible news that Miss Ryan will be going on maternity to have a baby, we wish her lots of love on her exciting new journey. She will be covered by a new teacher called Miss Tolley.

To our Year 6 pupils, as you prepare to leave us and begin the next exciting chapter of your educational journey, we want you to know just how proud we are of all you have accomplished. You have been outstanding role models for our younger children, demonstrating leadership, character, and maturity throughout your time at our school.

While we will be sad to see you go, we are also excited about the opportunities that lie ahead. Take with you the friendships you have built, the memories you have made, and the values that have guided you during your primary school years. Believe in yourselves, embrace new challenges, and never stop aiming high. We have every confidence that you will continue to achieve great things and make a positive difference wherever your journey takes you. On behalf of everyone at the school, thank you for making this year so special. I wish all our families a wonderful, restful summer break and look forward to welcoming many of you back in September for another year of learning, achievement, and success.

Online Safety!

As a school, we have been made aware of pupils accessing apps and online platforms that are displaying inappropriate content. While many apps are designed for entertainment and communication, some can expose children to material that is not suitable for their age.

Here are some things you can do at home to help to keep children safe online :

- Regularly checking which apps and websites your child is using.
- Reviewing privacy and parental control settings on devices and apps.
- Monitoring online activity and discussing safe online behaviour.
- Encouraging your child to speak to a trusted adult if they encounter anything online that makes them feel uncomfortable or worried.
- Ensuring age restrictions for apps and games are followed.

Water Safety!

With further heatwaves expected, more young people are heading to the water to cool off. Tragically, this brings a sharp rise in drownings. During May half-term alone, 19 people lost their lives – including 14 teenagers. Anyone can drown. No one should. And your school can play a vital role in sharing simple, lifesaving messages ahead of the summer. Even brief activities can make a real difference. Temperatures of 25°C+ can lead to 3x more accidental drownings.

Water safety code

Stop and think.

Stay together with a friend or family member.

If you're in trouble in the water, Float to Live.

Call 999 or 112 if you see someone else in trouble in the water.

Please use supervised locations like lifeguarded beaches or swimming pools, and please practice floating!

[RNLI water safety education resource: Spot The Dangers activity](#)

[RNLI kids TV advert 16.9 version | RNLI Video](#)



Ear Piercing!

While in no way encouraging anyone to get their children's ears pierced, can we recommend that now is the time to book children in for the start of the 6 week holiday if this is something you wish to do. Our school policy says that earrings must be removed to do PE. Newly pierced ears often need to have earrings left in for 6 weeks. The only time in the year to avoid your child missing weeks of PE and have their ears pierced is to have them done immediately after we break up for the summer. Thank you for your support.

The Fierte Festival!



It has been a very special week with children being taught by teachers from different classes. The children have worked hard in art, writing, dancing and poetry, culminating in a collaborative piece with all the children on Friday.



The grand finale of our Fierte Festival was a truly remarkable whole-school collaboration. Children worked in small mixed-age teams, with representatives from every year group, to create a giant 3D letter A for Ankermoor on the school field. Inspired by the work of Andy Goldsworthy, the children carefully sourced and arranged a variety of natural and man-made materials to bring their artwork to life. The finished installation could only be fully appreciated from above, and we were incredibly grateful to a parent who generously donated their time and drone expertise to capture the stunning aerial view. This spectacular piece of collaborative art perfectly reflects the message of the festival: we are better together. By working as one community, our children demonstrated creativity, teamwork, and a shared sense of pride in being part of Ankermoor Primary Academy.



We have been learning various May-pole dances as well as our Better Together dances with the children coming together and then dancing in sync.



On Saturday our fantastic dance troupe, represented school with confidence and flamboyance. They danced the hearts out to Power in me, in front of the crowds at Tamworth Castle. It was great to see some of the children's artwork displayed in the bandstand.



TAMWORTH FAMILY FUN FESTIVAL

A DAY OF FUN FOR THE WHOLE FAMILY!

11AM TO 5PM

SUNDAY 19 JULY
TAMWORTH CASTLE GROUNDS

MEET THE WALKABOUT DINOSAURS

LIVE MUSIC STAGE TRIBUTE ACTS
Miss Rachel...K-pop...
Sabrina Carpenter...
Harry Styles...
Taylor Swift...

ALL-DAY ACTIVITIES
Circus workshops, bubbles, Glitter Dollz hair braiding and glitter tattoos, face painting, bouncy castles, archery and community stalls.

FOOD, DRINK & TREATS
Delicious food trucks, ice cream and more!

CIRCUS WORKSHOPS

BUBBLES & FUN

GLITTER TATTOOS

FACE PAINTING

COMMUNITY STALLS

FOR MORE INFORMATION & TO BOOK
01827 709618 | www.tamworthassemblyrooms.co.uk

Tamworth Borough Council

Summer of Cinema 2026

JULY FILMS

Monday 20 July – **THE SPONGEBOB MOVIE (2025) – FREE SCREENING**

Wednesday 22 July – **ZOOTROPOLIS 2 (2025)**

Thursday 23 July – **ENCANTO (2022)**

Monday 27 July – **WICKED: FOR GOOD (2025)**

Wednesday 29 July – **THE FANTASTIC 4: FIRST STEPS (2025)**

Thursday 30 July – **HOW TO TRAIN YOUR DRAGON (2025)**

ALL FILMS START AT 1PM (DOORS OPEN 12NOON)

• CHECK OUT THE SWEET TREATS IN THE CLAYMORE LOUNGE

• LUNCH DEALS AVAILABLE

ALL TICKETS £3

FOR MORE INFORMATION:
www.tamworthassemblyrooms.co.uk

Tamworth Borough Council

Stay Well Digital Training Sessions

July - September 2026 Delivered on MSTEams



Understanding & Managing Self-Harm in Children & Young People	
Monday 13 th July - 9:30am - 11:30am	☐
Tuesday 28 th July - 12:30pm - 2:30pm	☐
Friday 14 th August - 9:30am - 11:30am	☐
Monday 24 th August - 9:30am - 11:30am	☐
Monday 7 th September - 12:30 - 2:30pm	☐
Tuesday 22 nd September - 9:30am - 11:30am	☐
Supporting Children & Young People with Suicidal Thoughts	
Monday 13 th July - 12:30pm - 2:30pm	☐
Tuesday 28 th July - 9:30am - 11:30am	☐
Tuesday 11 th August - 9:30am - 11:30am	☐
Monday 24 th August - 12:30pm - 2:30pm	☐
Monday 7 th September - 9:30am - 11:30am	☐
Tuesday 22 nd September - 12:30pm - 2:30pm	☐
Understanding Disordered Eating in Children & Young People	
Friday 24 th July - 9:30am - 11:30am	☐
Friday 21 st August - 9:30am - 11:30am	☐
Friday 11 th September - 9:30am - 11:30am	☐
Social Media Awareness/Cyberbullying Support	
Friday 10 th July - 9:30am - 11:30am	☐
Friday 31 st July - 9:30am - 11:30am	☐
Tuesday 4 th August - 12:30pm - 2:30pm	☐
Friday 28 th August - 12:30pm - 2:30pm	☐
Monday 14 th September - 9:30am - 11:30am	☐
LGBTQ+ Awareness	
Friday 17 th July - 9:30am - 11:30am	☐
Tuesday 11 th August - 12:30pm - 2:30pm	☐
Friday 4 th September - 9:30am - 11:30am	☐
Friday 25 th September - 9:30am - 11:30am	☐
Supporting Children & Young People with Bereavement & Loss	
Wednesday 15 th July - 10am - 12pm	☐
Tuesday 11 th August - 9am - 11am	☐

FREE for Professionals, Parents/Care Givers and Volunteers working with Children & Young People within Staffordshire.

It is advised (but not compulsory) to complete the introductory course: 'Understanding the Emotional Wellbeing & Mental Health of Children and Young People' before accessing the specialist training sessions.

Please mark with an (x) which sessions you would like to attend and fill out the information below before sending back to training.staywellstaffs@changes.org.uk.

You will then receive an email back to confirm your booking.

Understanding the Emotional Wellbeing & Mental Health of Children & Young People	
Monday 6 th July - 10:30am - 3pm	☐
Tuesday 21 st July - 10:30am - 3pm	☐
Friday 7 th August - 9am - 1:30pm	☐
Monday 17 th August - 9:30am - 2pm	☐
Tuesday 1 st September - 10:30am - 3pm	☐
Friday 18 th September - 9am - 1:30pm	☐
Monday 28 th September - 9:30am - 2pm	☐

Dealing with Difficult Emotions (Anger)	
Tuesday 14 th July - 9:30am - 11:30am	☐
Monday 27 th July - 12:30pm - 2:30pm	☐
Monday 10 th August - 9:30am - 11:30am	☐
Tuesday 25 th August - 12:30pm - 2:30pm	☐
Tuesday 8 th September - 9:30am - 11:30am	☐
Monday 21 st September - 12:30pm - 2:30pm	☐

Supporting Children & Young People with Worry & Low Mood	
Tuesday 7 th July - 12:30pm - 2:30pm	☐
Monday 20 th July - 9:30am - 11:30am	☐
Monday 3 rd August - 12:30pm - 2:30pm	☐
Tuesday 18 th August - 9:30am - 11:30am	☐
Tuesday 15 th September - 9:30am - 11:30am	☐
Tuesday 29 th September - 12:30pm - 2:30pm	☐

Raising Self-Esteem in Children & Young People	
Tuesday 7 th July - 9:30am - 11:30am	☐
Monday 20 th July - 12:30pm - 2:30pm	☐
Monday 3 rd August - 9:30am - 11:30am	☐
Tuesday 18 th August - 12:30pm - 2:30pm	☐
Tuesday 15 th September - 12:30pm - 2:30pm	☐
Tuesday 29 th September - 9:30am - 11:30am	☐

Supporting Neurodiverse Children & Young People	
Tuesday 14 th July - 12:30pm - 2:30pm	☐
Monday 27 th July - 9:30am - 11:30am	☐
Monday 10 th August - 12:30pm - 2:30pm	☐
Tuesday 25 th August - 9:30am - 11:30am	☐
Tuesday 8 th September - 12:30pm - 2:30pm	☐
Monday 21 st September - 9:30am - 11:30am	☐

PLEASE READ THE BELOW INFORMATION BEFORE BOOKING

- Instructions for Digital Sessions:**
- Post Course Questionnaires will be sent via email on completion of the training and must be sent back to receive the training slides and certificate of attendance.
 - If you do not receive the Microsoft Teams link and you have confirmation of your booking, please contact: training.staywellstaffs@changes.org.uk or call 01782 418518. You will receive the link around 2-7 days in advance, so if you are not in receipt of this, please contact ASAP.
 - Please ensure you have access to both audio and video settings during the training session.

Name:	
Job Role (if parent/carer N/A):	
Organisation (if parent/carer N/A):	
Email Address:	

Do you have access to a device with working audio & video? Yes / No

For further training enquiries contact:
Email: training.staywellstaffs@changes.org.uk | Tel: 01782 418518

Breathing Techniques

to help me feel calm again!

When you are feeling worried, frustrated, uneasy or just not yourself here are some breathing techniques that will help you to think more clearly again. You might want to adopt these and come up with your own!



Triangle Breathing

Think of a triangle. For one side breathe in slowly for 4, then for the second side hold your breath for 4 before breathing out for 4 for the final side. You could imagine this as a slice of watermelon, pizza or anything that is triangular.



Rainbow Breathing

Put your finger at the bottom of the rainbow, trace your finger slowly whilst breathing in through your nose, when you reach the other side pause before tracing your finger back over the rainbow whilst breathing out slowly. Do this for each colour of the rainbow.



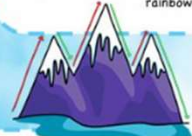
Finger Breathing

Hold up one hand, start with your thumb, breathe in slowly until you reach your nail, pause and breathe out slowly until you reach your palm and pause again. Do this for each finger.



Infinity Breathing

Imagine an infinity symbol or a sideways 8. Start in the middle, breathe in slowly and you work your way around one half, pausing when you reach the middle again before breathing out slowly for the second half meeting back in the middle to pause. Keep going until you feel relaxed.



Mountain Breathing

Imagine that you are walking up a tall mountain. Breathe in slowly as you walk up, when you get the top pause and hold in that breath before walking back down and breathing out slowly. Repeat this until you feel calm and relaxed.



Balloon Breathing

Imagine that you have a balloon in your tummy. Slowly breathe in counting to 3 in your head to inflate the balloon, hold for 3 and then breathe out for 3 deflating the balloon slowly before pausing for 3. Repeat this 5 times.



Dragon Breathing

Stand up tall, breathe in for 4 through your nose letting your nostrils flare, hold this breath for 4 before arching your neck and breathing out from your throat for 4 forcing hot fiery air into the sky.



Superhero Breathing

Imagine you are a superhero. Reach down and touch your toes. Breathe in whilst bringing your arms up slowly to reach up tall. Feel your body fill with air. Pause to do your flying superhero pose. Before breathing out and letting your arms fall quickly.

@excitingteacher

CHARLIE'S WINGS

helping young people to fly

YOU ARE strong
YOU ARE enough
YOU ARE loved

A SAFE SPACE TO TALK, SHARE & GROW

GIRLS SUPPORT GROUP

helping young people to fly

A friendly, supportive space for girls to talk openly, build confidence, make friends and support each other.

BE YOUR BEST

SUPPORT FRIENDSHIP CONFIDENCE

FREE SNACK & DRINK!

LAUNCHING Wednesday 15TH JULY

EVERY WEDNESDAY 5-6PM

WILNECOTE HUB, TAMWORTH

ADDRESS: New Road Wilnecote B77 5DH

Here, you can be yourself, share your thoughts, and know you're not alone. We're all better together.

ALL GIRLS WELCOME

Worry Time

Worry time gives you time each day to address all of your worries. The more you use worry time, the less your worries will impact you throughout the day.

- Plan your worry time**
It's important to plan in your worry time for the same time each day. This should be a time when you can focus on the worries and not be distracted. Start with a maximum of half an hour each day. As you use worry time more and more, you may notice that you eventually need less than half an hour each day because you get better at dealing with your worries.
- Catch the worries**
As you notice worries during the day, catch them so that you can come back to them later at worry time. You can do this by writing them down, drawing a picture or making a sound recording. You could use a diary, sticky notes, your phone or any other way you can think of to catch the worries as they happen.
- Refocus your attention**
Once you have caught the worry, it's important to focus on something different. Pay attention to whatever it is you're doing at that moment OR do something totally different. You can also refocus by using calming/grounding techniques.
- Worry time**
Use worry time to go back and address all of the worries you have caught that day. For each worry decide whether it is a practical worry or hypothetical worry.
 - For practical worries, use problem solving.
 - For hypothetical worries, let the worries go. You can do this by ripping up, scribbling out, deleting or scrumpling up and throwing away the worry.

Some worries might not even be worries anymore! For these, you will learn that a lot of worries may seem big at the time but later they will seem much smaller and manageable.

Let's Do It

My worry time will be at (time):

It will last for (number of minutes):

I will do it with (will anyone help?):

I will catch my worries by (what will you use?):

Top Tip
To refocus your attention, try to take deep breaths and think: 5, 4, 3, 2, 1. Notice 5 things you can see, 4 things you can feel, 3 things you can hear, 2 things you can smell and 1 thing you can taste. This gives you chance to calm down before focusing on a current or new task.

Worry Tree

Notice the worry

What am I worrying about?

Is there something I could do about this worry?

yes no

Use problem solving to find a solution

1) Write it down.
2) Think of all the ideas you can to solve the problem.
3) Choose the best solution.
4) Make a plan of action to put your solution in place.

Let the worry go

To do this you could:
write it down, rip it up, throw it away, say it out loud, put it on your phone/tablet and then delete it.

Focus your attention away from the worry

To do this you could:
Focus on what you're doing.
Do something different.

Use the 5, 4, 3, 2, 1 technique by noticing 5 things you can see, 4 things you can hear, 3 things you can feel, 2 things you can smell and 1 thing you can taste.

@WeHeartCBT for references, visit www.weheartcbt.com/references www.weheartcbt.com



Department
for Education



Staffordshire
County Council

HOLIDAY
ACTIVITIES
AND FOOD

Book now



HAF fun this summer

Activities from Monday 20 July to Monday 31 August

staffordshire.gov.uk/holidayactivities

Holiday Activities and Food funded for children and young people aged 5-16 who get free school meals*. Paid places also available.



Genius HOLIDAY CLUBS
FREE FOR CHILDREN ON FREE SCHOOL MEALS

SUMMER 2026

ARTS & CRAFT | SPORTS | SCIENCE EXPERIMENT | HOT MEALS | TRIPS

WHEN: 3RD TO 27TH AUG - MON TO THU
TIME: 10AM TO 2PM
WHERE: Glascote Meeting rooms, Dumolos Lane Tamworth, B77 2BX AGES: 5-16
VISIT: WWW.GENIUSTUITION.CO.UK/TAMWORTH

REGISTER NOW

support@geniustuition.co.uk 03303 110 860 www.geniustuition.co.uk



JUNIOR PARKRUN

EVERY SUNDAY
9AM

Fun, free running events for 4-14 year olds!

JOIN US AT TAMWORTH CASTLE GROUNDS

Register at: juniorparkrun.com

What has been happening!

End of Year Concerts!



End of year DISCO!



Forest Friday for Sparrow Hawks!



THE
READING
AGENCY

UNIVERSAL
MUSIC GROUP
UNITED KINGDOM



READ to the BEAT

Help Your Child Discover the Joy of Reading This Summer!

This summer, give your child the chance to fall in love with reading! The Summer Reading Challenge, created by The Reading Agency and delivered in partnership with public libraries, is a FREE, fun-packed way to keep kids reading and learning all summer long.

This year's theme, **Read to the Beat**, and is powered by Universal Music Group UK. The Challenge will celebrate the joy of music and the power it has to move, inspire, and connect us – all through the magic of reading. The Challenge is being brought to life with illustrations by award-winning author and illustrator, Harry Woodgate.

Why join?

- It's FREE! Available at local libraries and online
- Inspires a lifelong love of reading
- Boosts confidence, creativity, and imagination
- Earn rewards, certificates, and prizes
- Fun for the whole family. Visit your local library together
- 95% of children said they read more after joining!
- Children choose their own books to read, collect rewards over the summer and receive a certificate or medal when they complete the challenge.



Visit your local library or go online at
summerreadingchallenge.org.uk
to get started from 4 July 2026.

Help your child start their reading adventure today!

Summer Reading Challenge!

Read to the Beat - Summer Reading Challenge

The Library Service's summer reading challenge has now started. Please follow the link to find out more.

[tra-resources.s3.eu-west-](https://tra-resources.s3.eu-west-1.amazonaws.com/uploads/entries/document/20243/SRC_Animation_Final_-_Voiceover_Version.mp4)

[1.amazonaws.com/uploads/entries/document/20243/SRC_Animation_Final_-_Voiceover_Version.mp4](https://tra-resources.s3.eu-west-1.amazonaws.com/uploads/entries/document/20243/SRC_Animation_Final_-_Voiceover_Version.mp4)

Key messages:

You will need to visit the library between 4th July and 14th September.

Every time you come in to borrow books you will receive rewards.
1st visit – starter pack, magazine, stickers with a QR code which lead to games and mini videos

2nd visit – stickers

3rd visit – stickers, certificate, badge and medal

About the library:

Free to join

Free to borrow

No overdue charges for children.

The more times you go to the more you will contribute to the school trophy competition. It would be amazing for Ankermoor to win the highest percentage participation award!

Raising money for the School Library!

Our Sponsored Readathon Event was a great success. We raised over £650 towards amazing books for our new library. This total was then kindly added to by Usborne books, meaning that in the new academic year we will be adding over £1000 worth of new books to our library. Thank you to all who contributed and supported this event.

Free School Meals

Who can apply for free school meals? - The government has announced changes to the entitlement criteria for free school meals from September 2026. From then there will be two different types of free school meals, known as 'targeted' and 'expanded'.

Families who receive any of the following are eligible for 'targeted' free school meals -

- Universal Credit with annual household earnings of £7,400 or less
- support under Part VI of the Immigration and Asylum Act 1999
- are in receipt of income-related Employment and Support Allowance
- receive the guarantee element of Pension Credit

Families in receipt of Universal Credit, with annual household earnings exceeding £7,400 will be entitled to 'expanded' free school meals.

To apply under 'targeted' or 'expanded' free school meals please

Families already entitled do not need to re-apply, SCC will be checking these families eligibility still stands and they will contact families if the eligibility is ending

**PUPILS WHO ALREADY RECEIVE
FREE SCHOOL MEALS DO NOT NEED
TO MAKE A NEW APPLICATION**

<https://www.staffordshire.gov.uk/schools-and-learning/financial-support-school/free-school-meals/applying-free-school-meals>

Attendance at Ankermoor!

Whole School Attendance for the year: 92.6%

Reception - 94%

Year 1/2 - 93.4%

Year 3/4 - 93%

Year 5/6 - 93.8%

Attendance remains a key priority for our school. We are delighted with the improvements made this year and would like to thank parents and carers for their support. Next year, we will continue to work together to build on this success, ensuring every child is in school as often as possible and ready to make the most of every learning opportunity. It is so important to be in school on time, so that nobody is missing their learning.

**HERE
EVERY DAY
READY
ON TIME**



**Raising
Little Heroes**

Final House Points for the year!



The Scorpions

3895



The Lions

3853



The Sharks

3851



The Crocodiles

3673

**Well done to
Scorpions!**

The winning house celebrated winning with a morning of Outdoor Learning!

It was amazing to see all of the children from Scorpion House enjoying a morning of outdoor learning with Mr Hancox. What particularly impressed me was the ease at which children from different year groups collaborated together to achieve something amazing – well done!



Autumn Term 2026

Inset day: Tuesday 1st September

Inset day: Wednesday 2nd September

Term Starts: Thursday 3rd September

Holiday: Monday 26th October – Friday 30th October

Term Ends: Friday 18th December

Holiday: Monday 21st December – Friday 1st January

Spring Term 2027

Inset day: Monday 4th January

Term Starts: Tuesday 5th January

Holiday: Monday 15th February – Friday 19th February

Inset day: Monday 22nd February

Term Ends: Thursday 25th March

Bank Holiday: Friday 26th March

Holiday: Monday 29th March – Friday 9th April

Summer Term 2027

Term Starts: Monday 12th April

Bank Holiday: Monday 3rd May

Inset day: Monday 7th June

Holiday: Monday 31st May – Friday 4th June

Term Ends: Wednesday 21st July

Holiday: Thursday 22nd July onwards.